## **SAFETY - ATTITUDE AND BEHAVIOR**

Humans instinctively seek to avoid pain and death. And yet, we may behave in a manner that is a threat to our personal well-being.

There are a couple of reasons why this occurs.

- The first is lack of knowledge. What you don't know, can hurt you!
- The second reason we may act in a risky manner is: attitude.

## Now might be a good time to do a quick self-analysis. What is your attitude toward safety?

Your attitude affects almost all that you do and how you do it.

Have you ever noticed that people who are successful in life, or are just happy, tend to have a positive attitude? And so it is with safety. Look at it this way... safety rules and procedures are written to protect you from harm. They are not written to make your work life more uncomfortable or inconvenient.

When you work safely you will feel more confident on the job knowing you have a better chance of making it thorough the day without injury.

We are not perfect. Even the best of us can forget or make errors in judgment. To maximize our safety efforts, we must look out for one another.

• If someone tells you that you are not working in a safe manner, do not become angry or defensive. They're just looking out for your well-being. If you simply forgot or got a little careless, be grateful that someone cares enough to get you back on track.

• If you see someone doing something unsafe, speak up, but do so diplomatically. Treat others just as you would like to be treated in the same situation.

Having a positive attitude toward safety will lead to safe behavior!