



WAIVER RELEASE AND INDEMNITY AGREEMENT

USE OF WORKOUT ROOM BY EMPLOYEES

The undersigned agrees to defend, indemnify and hold harmless the _____ School District, its Board of Trustees, officers, agents and employees individually and collectively, from an against all costs, losses, claims, demands, suits, actions, payments and judgments, including legal and attorney fees, arising from personal or bodily injuries, property damage or otherwise, however caused, brought or recovered against any of the above that may arise for any reason from or during or be alleged to be caused by the undersigned's use of the Workout Room located at _____.

The undersigned understands and acknowledges that participation in the activities conducted in the Workout Room, by their very nature, pose the potential risk of serious injury to individuals who participate in such activities.

The undersigned understands and acknowledges that some of the injuries which may result from participating in activities in the Workout Room include, but are not limited to the following:

Sprains/strains	Head and/or back injuries
Fractured bones	Paralysis
Cuts/abrasions	Loss of eyesight
Unconsciousness	Death

The undersigned employee also understands and acknowledges that any and all time spent using the Workout Room is on the employee's own time and does not fall under the scope or duties of the undersigned employee's position with the _____ School District.

The undersigned acknowledges that he/she has read the Waiver Release and Indemnity Agreement and agrees to its terms.

Signature

Date